

Sound in the Faith

Titus 1:13

PSALM 44

To the chief Musician for the sons of Korah, Maschil.

1 We have heard with our ears, O God, our fathers have told us, what work thou didst in their days, in the times of old.

2 How thou didst drive out the heathen with thy hand, and plantedst them; how thou didst afflict the people, and cast them out.

3 For they got not the land in possession by their own sword, neither did their own arm save them; but thy right hand, and thine arm, and the light of thy countenance, because thou hadst a favour unto them.

4 Thou art my King, O God; command deliverances for Jacob.

5 Through thee will we push down our enemies; through thy name will we tread them under that rise up against us.

6 For I will not trust in my bow, neither shall my sword save me.

7 But thou hast saved us from our enemies, and hast put them to shame that hated us.

8 In God we boast all the day long, and praise thy name for ever, Selah.

9 But thou hast cast off, and put us to shame; and goest not forth with our armies.

10 Thou makest us to turn back from the enemy; and they which hate us spoil for themselves.

11 Thou hast given us like sheep appointed for meat; and hast scattered us among the heathen.

12 Thou sellest thy people for naught, and dost increase thy wrath by their sin.

PSALM 42

To the chief Musician, Maschil, for the sons of Korah.

1 As the hart panteth after the water brooks, so panteth my soul after thee, O God.

2 My soul thirsteth for God, for the living God: when shall I come and appear before God?

3 My tears have been my meat day and night, while they continually say unto me, Where is thy God?

4 When I remember these things, I pour out my soul in me; for I had gone with the multitude, I went with them to the house of God, with the voice, I went and praise, with a multitude that kept holiday.

5 Why art thou cast down, O my soul? why art thou discouraged in me? hope thou in God; for he shall yet praise thee for ever, O my soul.

6 O God, my God, my soul is cast down, and why therefore wilt I remember these from thee? why shall I say, and of thee thou shalt say, Where is thy God?

PSALM 45

To the chief Musician upon Sheminith, for the sons of Korah, Maschil, A Song of Love.

1 My heart is longing for a good man; my tongue is the pen of a ready writer.

2 Thou art fairer than the children of men; thy grace is over thee.

3 Gird thy sword upon thy thigh, O most mighty, with thy glory and thy majesty.

4 And in thy majesty ride prosperously; thy right hand shall teach thee terrible things.

5 Thine arrows are sharp in the hearth of thy throne, O God; is for ever and ever; thy sceptre of thy kingdom is a right sceptre.

6 Thy love is as a garment; with the oil of gladness above thy fellows, and made thee glad.

7 Thou lovest righteousness, and hatest unclean; with the oil of gladness above thy fellows, and made thee glad.

8 All thy garments are of ivory, and made thee glad.

9 Kings' daughters were among thy women; upon thy right hand did stand gold of Ophir.

10 Hearken, O daughter, and incline thine ear; and give thine ear.

Soundness

- The word “sound” is found 47x in NT (NKJV)
- Mostly, it has reference to something heard (audible), ~32x - **cf. Matthew 6:2, Acts 2:2, 1 Corinthians 14:7-8, etc.**
- **Acts 27:27** - “soundings” - a nautical term measuring depth
- It can also refer to that which is healthy - **our focus in this lesson**

Soundness

- From the Greek, (ὑγιαίνω, *hygiainō*). Our English word, *hygiene*, is derived from this word
- **BDAG**, 1) To be in good physical health; 2. To be sound or free from error, be correct
- **Thayer**, “to be sound, to be well, to be in good health.” “Used of one whose Christian opinions are free from any admixture of error... of one who keeps the graces sound and strong... “true and incorrupt doctrine”

Soundness

- Used of health

Luke 5:31 - those well have no need of a physician

Luke 7:10 - Jesus healed a centurion's son from a distance

Luke 15:27 - the prodigal was found "safe and sound"

3 John 2 - John's prayer, "be in health"

2 Corinthians 5:13 - a sound mind - one who is sane

Soundness

- Spiritually healthy!
One who is in a healthy state as far as God is concerned.
He is not “spiritually sick”
Free of corruption and compromise
- **1 & 2 Timothy & Titus** use the term in this manner. **Our focus!**

Sound in Faith

- ***Sound doctrine***
- Doctrine - teachings or instructions.
What we have learned
Can refer to a system of teaching, or a particular belief.
Cf. 2 John 9 - the “doctrine of Christ”
- false doctrines - **1 Timothy 4:1**
(demons), **Matthew 16:12** (Pharisees and Sadducees), **Matthew 15:9** -
commandments of men

Sound in Faith

- **Sound doctrine**
- Refers to teaching that is healthy. Promotes good relationship with God, our Lord, one another and within.
- **1 Timothy 1:10** - law is good identifying what is “contrary to sound doctrine”
- **Titus 1:9** - with sound doctrine we exhort and convict...

Sound in Faith

- **Sound doctrine** - teaching that is healthy
- **Titus 2:1** - older men, speak things proper for “sound doctrine”
- **2 Timothy 4:2-3** - a time when they will not endure sound doctrine

Sound in Faith

- **Sound doctrine** - teaching that is healthy
- Our teaching needs to be “healthy”. Pure, free from pollutants - whether watered down or corrupted
- **James 3:17**, the wisdom from above is FIRST pure, then...
Matthew 5:8, the “pure in heart” will see God

Sound in Faith

- ***A sound mind*** - **2 Timothy 1:7**
- God has not given us a spirit of fear or timidity (cowardice)
- Context: Paul is facing his end. Encourages Timothy to boldness and courage
- With God's word, we need this same boldness and courage!

Sound in Faith

- **A sound mind** - **2 Timothy 1:7**
- Timothy had available:
 - God's power - **Romans 8:31, 1:16-17, cf. Hebrews 4:12** His word can convict!
 - Uncompromising love - which will cause one to act boldly
 - A "sound mind" - healthy confidence

Sound in Faith

- **A sound mind** - **2 Timothy 1:7**
- Many today have fears. We cannot let such paralyze us and keep us from doing what is right.
“Face your fears!”
This begins with a healthy mindset!
1 John 4:18, 2 Corinthians 7:1
- A healthy mind is one that is taught and grounded! Doubts are removed because you are informed!

Sound in Faith

- **A sound mind** - **2 Timothy 1:7**
- Paul demonstrated this “sound mind” - **cf. 2 Timothy 1:12**

Sound in Faith

- **Sound in the faith** - **Titus 1:3**
- Elders deal with false teachers, idle talkers, etc. with sharp rebuke so that they will be “sound in the faith”
- “The faith” is the teachings of God’s word, the all-inclusive description of our beliefs - **cf. Ephesians 2:8, Jude 3, Titus 1:13-14**
Ephesians 4:11-14 - leaders given to ground us in “the faith”

Sound in Faith

- ***Sound in faith, love and patience*** - **Titus 2:2**
- Instructing “older men” of various qualities, included is being sound IN faith...
 - 1) Instructions to all
 - 2) Specific instructions based upon who you are

Sound in Faith

- *Sound in faith, love and patience* - **Titus 2:2**
- “Older men” are to be sober, reverent, temperate and “sound in faith...”
- Here “faith” would be one’s personal faith - what he is convicted of - **cf. 2 Peter 1:5, Hebrews 11:1, 1 John 5:4**

Sound in Faith

- *Sound in faith, love and patience* -
Titus 2:2
- He is also to possess a “sound”
 - love (agape) - **1 Corinthians 13:1-3**
 - patience (hypomone) - **James 5:8, 2 Thessalonians 3:5**

Sound in Faith

- **Sound words** - **2 Timothy 1:13**
- Hold fast the pattern of “sound words...”
- God’s word is where our “soundness” is found - **Acts 20:32**
- Paul associated it with a “pattern” - a standard or outline.
- So many today say, “As long as I am sincere” or “He gets us!” implying that conformity to His will is unimportant
- **Consider Revelation 20:12,**
1 Timothy 6:3 - wholesome words

Sound in Faith

- **Sound speech** - **Titus 2:8**
- Related to previous phrase, BUT it addresses our manner of life and conversations!
- Young men are to live with integrity and “sound speech that cannot be condemned...”

Sound in Faith

- **Sound speech** - **Titus 2:8**

- As we live our lives, is our speech truthful AND with love?

Our conversations must reflect righteousness and godliness!

Ephesians 4:15, Colossians 4:6

1 Peter 3:15

Heed the warning of **James 3:1-12**

Sound in Faith

- **Sound speech** - **Titus 2:8**
- When our speech is sound, it cannot be impugned when one has integrity. While the wicked and ungodly may condemn you (they have no integrity), the “good and honest heart” will acknowledge truthfulness! **Cf. 1 Peter 3:16, 2:12, 15, etc.**

Sound in Faith

- **Sound speech** - **Titus 2:8**
- The point, our conversations need to be “healthy” - promoting truthfulness, peace and healing!

How can I know I am “sound”?

- By studying God’s word - **2 Timothy 2:15, 3:16-17, Acts 17:11**
- By “testing the spirits” - **1 John 4:1**
- By applying what I have learned - **I have to live it! James 1:21-25**
- By associating with others who are “sound in faith” - **Romans 12:16**

Are you sound in faith?



Sound in
the Faith!

PSALM 44
To the chief Musician upon Shalchath. A Song of David.

1 I will thank thee, O Lord, because thou hast brought me out of a horrible pit, out of the miry clay, and thou hast set my feet upon a rock, and my feet shall not slip.

PSALM 45
To the chief Musician upon Shalchath. A Song of David.

1 My heart is inditing of thee, O Lord, my heart is ready, my voice is stretched forth, because thou hast loved me, therefore will I praise thee, O Lord, among the nations.

PSALM 46
To the chief Musician upon Shalchath. A Song of David.

1 My heart is stout, and my voice is lifted up, because thou hast loved me, therefore will I praise thee, O Lord, among the nations.

PSALM 47
To the chief Musician upon Shalchath. A Song of David.

1 Praise ye the Lord, for the Lord hath done for us wondrous things, therefore will we be glad, and will praise thee, O Lord, among the nations.

PSALM 48
To the chief Musician upon Shalchath. A Song of David.

1 The Lord is with us, and he will be with us, and we will be glad, and will praise thee, O Lord, among the nations.

Let us pray?

...the wicked shall be destroyed
...the salvation of the righteous is of the Lord
...the Lord shall deliver them from the wicked
...because they trust in him