

How Shall the Old
Secure Their Hearts?



Psalm 71



The righteous bear fruit in old age!

Psalms 92:12-15; 2 Cor. 4:16-18

Leviticus 19:32

HOW SHALL THE OLD
SECURE THEIR HEARTS?



As We Grow Old

- Physical weakness and illnesses,
Psalm 90:10; Eccl. 12:3-8 (1-2)
- A time of increasing solitude,
Hebrews 13:5-6
- A time of solemn reflection,
Proverbs 16:31; 20:29

Psalm
92:12-15
2 Cor.
4:16-18



How Shall the Old Secure Their Hearts?

- **Be diligent in prayer**, 71:1-4, 9, 12
(*Philippians 4:4-7*)
- **Trust the Lord**, 71:1-7; *Ps. 9:9-10*
 - Unscrupulous mistreat, 71:4, 10-11
 - But God is not far away, 71:9, 12;
(*Psalms 121; 37:25*)
 - God's enduring care, *Isaiah 46:3-4*

Psalm 71

*A prayer
of the
aged*



How Shall the Old Secure Their Hearts?

- **Hope continually**, *71:5, 14*
(*33:18-22*)
 - Wait on the Lord, *71:19-21*
 - This aged man had seen God's power and mercy in trials, *2 Timothy 4:16-18*
 - Simeon, *Luke 2:25-32*

Psalm 71

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How Shall the Old Secure Their Hearts?

- **Speak of God's righteousness,**
71:15-16, 19, 24
 - Can be an effective teacher in your old age, *Psalms 90:12*
 - Anna, *Luke 2:36-38*

Psalms 71

*A prayer
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How Shall the Old Secure Their Hearts?

- **Tell the next generation of God's works, 71:17-18**
 - Leave a spiritual legacy, *Psalms 78:1-8*
 - Use your influence to teach your children and grandchildren to obey Christ
 - Tell them His wondrous works, 71:17
 - Tell them His mighty power, 71:18

Psalms 71

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How Shall the Old Secure Their Hearts?

- **Praise God always, 71:6, 8, 14, 22-23 (148:12-13)**
 - Worship God for His power, salvation, redemption, and glory
 - Anna did not depart temple, *Luke 2:37*
 - What a joy and encouragement to see aged Christians worshiping God!
Hebrews 10:24-25

Psalm 71

*A prayer
of the
aged*



You Have a Place in God's Service

- **Older men**

- Sober (vigilant)
- Reverent (honorable)
- Temperate (moderate)
- Sound in faith, in love, in patience

1 Peter
4:10

Titus
2:2-4



You Have a Place in God's Service

- **Older women**
 - Reverent in behavior (fitting deportment)
 - Not slanderers (not accusers)
 - Not enslaved to much wine (self-control)
 - Teachers of good things
 - Earnestly exhort the young women

***1 Peter
4:10***

***Titus
2:2-4***



Bear Fruit . . . Secure Your Heart!

The *righteous* shall flourish like a palm tree . . . they shall *still bear fruit in old age*; they shall be fresh and flourishing, to declare that the LORD is upright; He is my rock, and there is no unrighteousness in Him.

Psalm
92:12-15

