



Helps to Overcome Sin

INTRODUCTION

As Christians we are often reminded of the dangers of sin. It will keep us from heaven if not dealt with.

Sin is a subject one must understand leading to salvation AND a frequent reminder to stay saved.

We need reminders of what sin is, how temptation works and its consequences. **Romans 6:23, 3:23.**

We CANNOT live sinful lives – **Romans 6:1-2, 1 John 2:1**

God expects us to overcome sin...



Helps to Overcome Sin

USE GOD'S WORD PROPERLY

- His word reveals what sin is – **1 John 3:4** – lawlessness – living or acting outside of God's law.
Temptation – **James 1:12-16**
- God's word is a tool to resist sins
- **Matthew 4:1-11** – Jesus answers Satan
- **Psalm 119:11, 37:30-31, Proverbs 2:10-12**
- His word reminds us of all things associated with sin – **1 John 3:9 (cf. Luke 8:11, 1 Peter 1:23)**

- **Matthew 6:13** – the “model prayer”
- **Matthew 26:41** – Jesus in the garden
- **Ephesians 6:10-18** – Our armor - esp. vs. 18
- **Hebrews 4:15-16**, *For we do not have a High Priest who cannot sympathize with our weaknesses, but was in all points tempted as we are, yet without sin. Let us therefore come boldly to the throne of grace, that we may obtain mercy and find grace to help in time of need.*

ALERTNESS AND SELF-EXAMINATION

- 2 Corinthians 13:5 – Examine yourself...
- 1 Corinthians 10:12-13 – Let him who thinks he stands
- 1 Peter 5:8, 2 Corinthians 2:11 – beware of Satan
- 1 Peter 1:13 – gird up the loins of your mind
- Deuteronomy 11:16 – take heed to yourselves
- James 1:22-26 – knowing and doing God's word

GOD IS WATCHING

- There are many qualities of God to consider when struggling with sin
 - His sovereignty, holiness, righteousness. He will judge – **Hebrews 9:27, 12:28-29**
- His omnipresence – **Psalms 139:7-12, Jeremiah 23:23-24, Hebrews 4:13, etc.**
- Often sinful things are done in the dark or when alone. But never forget that God (and Jesus) IS watching! If we can fully grasp that thought... **1 Timothy 5:24**
- **Romans 11:22, Hebrews 10:31** – it is a fearful thing to fall into the hands of the living God.
- Consider Uzzah, Lot's wife, Nadab & Abihu, Ananias and Sapphira

KEEP YOUR HEART & MIND PURE

- Overcoming sometimes takes work. IT is not always easy.
- It also involves making choices!
- **Proverbs 4:23**
- **Colossians 3:1-2** – set your minds on things above
- **2 Corinthians 10:3-5** – we are at war, including for our minds
- Be careful who you associate with – **1 Corinthians 15:33**

OTHERS CARE TOO

- While God is grieved at sin, there are also others who care about us as well. We do not want to disappoint or lead them astray.
- **Genesis 39:9** – Joseph feared God, but also respected his master (Potiphar).
- Sinful conduct is often selfish – David's sin, Peter denying Jesus, etc.
- In our lives there are brothers and sisters in Christ. Our family – spouse, parents, children, etc. Realizing the hurt of sin can help motivate us to overcome.

LIFE IS UNCERTAIN

- James 4:13-14 – your life is a vapor
- 1 Peter 1:24 – all flesh is as grass
- 2 Peter 3:10ff – the day of the Lord comes as a thief in the night.
- We do not know how much time we have left –
Hebrews 9:27
- James 5:9 – the judge is standing at the door.

LIFE IS UNCERTAIN

- Consider:
- What if Ananias and Sapphira knew...
- What if Judas knew the outcome...
- What if Felix & Agrippa considered the brevity of life...
- What if Nadab & Abihu knew...
- What if Uzzah knew...
- What if the rich fool...? (**Luke 12:16-21**)
- Would these examples have acted differently?
- We do NOT know what time we have left!

CONCLUDING THOUGHTS

- Yes, we must deal with sin! But HOW we deal with it matters and has eternal consequences.
- Consider Cain and Abel – **Genesis 4:6-7**
- We may not be able to stop the world from sinning, BUT we can control what happens when we are facing sin.
***1 Corinthians 15:34**, Awake to righteousness, and do not sin; for some do not have the knowledge of God. I speak this to your shame.*



What are you doing to
overcome sin?